



# The LIGHT House Sunday School News

**Building Up The Body of Christ – Year of the Family**

**September 29, 2019**

*Church Calendar*  
*Feast of the Holy Cross of Varak*  
*Readings*  
*Prv 3:18-26, Is 65: 22-25, Gal 6:14-18, Mt 24:30-36.*

**Sundays: Look Ahead Calendar of Events**

Oct 6	Fourth Sunday After Exaltation
Oct 13	Fifth Sunday After Exaltation
Oct 20	Sixth Sunday After Exaltation

CEAB On-Duty: *Joyce Avedisian (401-935-1815)*  
Absent Teacher On-Call: *Anna Robinson (401-580-6788)*

## **Regular Classes Resume**

### **Today's Schedule**

#### **Grades PreK-10**

- Classes meet at 10am

#### **New Program- Family Worship Sunday**

***Train up a child in the way he should go, And when he is old, he will not depart from it.***  
***Proverbs 22:6***

This Year's Mission in the Church is the ***Year of the Family*** and what better way than celebrating the Divine Liturgy with our Family.

The first Sunday of every month will be ***Family Worship Sunday***. The Sunday School Program for that day will be attending Badarak services as a Family. ***Family Worship Sunday*** will count as attendance for scholarship opportunities.

**Visit these Websites: <https://vemkar.us/> <http://www.stvoski.org/embed.html>  
<https://armenianchurch.us/>**

## On-Going Charitable Projects: *charitable giving includes canned goods collections, hygienic products collection, weekly plate collection, winter warmth items and the Lenten Drive*

- Contribute and participate in the **quarterly Mary House Service Program**
  - **Sept 30, Nov 25, April 6, June 22**
- **Hygiene Products – Toothbrushes, toothpaste, soap, shampoo, Kleenex, toilet paper, hand sanitizers, deodorants** – container is in Sunday School Hall
- **Keep Warm This Winter** – hats, gloves, mittens, sox, scarfs – to be donated to Mary’s House - drive from November to March --- container is in Sunday School Hall
- **Weekly Sunday School student plate donation**

### From DCE:

#### From Today’s Readings

**Matthew 24:30-36** Jesus gives this description of His Second Coming alongside warnings not to be deceived as to when it will happen: it will be sudden, like a lightning bolt, but unmistakable. (The fig tree is one of the few trees in Palestine that sheds its leaves annually, making it the perfect symbol for a reliable sign of things to come.) He will appear in the sky with power and great glory; angels will trumpet a call to the elect from the four corners of the world. *Discuss/reflect: Do you truly take verse 35 to heart: “Heaven and earth will pass away, but my words will never pass away”? If so, how does your life reflect the unrivalled power of Jesus’ teaching?*

**Galatians 6:14-18** St. Paul declares that all his praises are reserved for the Cross; through it, the world was crucified to him. The past and its guiding traditions are not as important as being part of the “new creation.” *Discuss/reflect: St. Paul had left behind a way of life measured by external observances of the law and custom. Do observances and customs in your tradition help or hinder your faith in Jesus Christ? How?*

**Isaiah 65:22-25** A vision of God’s ultimate restoration of creation – a return to Paradise -- in which joy, peace and blessing will prevail. Free from grief and oppression, people of God will live long, productive lives. *Discuss/reflect: What about this vision appeals to you most? How might you bring something of this paradise to the world, to your world, now?*

**Proverbs 3:18-26** An ode to wisdom with which God laid the foundations of creation. And a call to all to live by “sound judgment and discernment,” which will lead to fearlessness, honor and even sound sleep. *Discuss/reflect: What is the only thing that can give us confidence in all circumstances? Memorize verse 26a!*

#### Today is the Feast of the Holy Cross of Varak



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In the late 3<sup>rd</sup> century, as the nun Hripsime was fleeing from her Roman persecutors, she buried her most precious possession--a piece of Christ’s cross-- on Mt. Varak (near Van). After her martyrdom by King Drtad, the sacred relic she had buried was forgotten for centuries. Then, in 660, Totig, a hermit monk who lived on Mt. Varak, saw a vision of a church with twelve pillars on the top of the mountain. In the center of these pillars was a radiant cross. This luminous vision descended over the altar of the monastery of Varak. When Totig and his student Hovel rushed to the church and knelt at the altar, they discovered the holy relic. He joyously shared the news with Catholicos Nersess (the Builder) who verified the authenticity of the relic, proclaiming the Sunday nearest

September 28 to be the Feast of the Holy Cross of Varak. *Reflection: What is your most precious possession? What is most precious to you in your faith?*

*Department of Christian Education, Diocese of the Armenian Church (Eastern)*

# Opening Day

